

The Return to Self

That thing you see when you look in the mirror
That's not you
That's your Self Image

Our Self image
It's important to us, and that's natural
Who after all
doesn't want to have a good presentation

But if you really want to know yourself
Then you will not find yourself in a presentation
Because your Self cannot be expressed in an image
It's just too small of a vessel for life's enormity

My wish for you is to find someone that does not need
nor desires from you a presentation,
Someone that will be willing to just be with you as you are
So you can just let yourself happen.
Nothing preconceived, no judgment
Just welcoming you and assisting you in your innate expression.
To give you an opportunity to taste what it's like to be free.

This thing you call Self
It can never be a presentation or an image
Because those are end goals,
and what we are looking for is a beginning.

It's so easy to lose Self
When we are eager to make something of it

But if we can start to realize that Self is not a destination
Then we have the opportunity to return to Self
Then we have the opportunity to return to source