

## The Veil of Desire

In my thinking hunger is about food.  
In my experience hunger is about discomfort

In my thinking hunger is about wanting  
In my experience hunger is about not wanting

If you only knew in my thinking,  
then you might say that hunger makes me move **towards** something I  
want.  
But if you only knew me in my experience,  
then you might say that hunger makes me move **away** from a sensation  
that I don't want.

The thinking  
it's the orientation of the **above**,  
and the experience  
it's the orientation of the **below**.  
and between them there is a veil,  
The veil of desire.

To awaken is to begin to consider the above as well as the below.

And this is why desire is so tricky, because when we are asleep, we are  
enchanted by the thinking in the above, and then it can seem like we are  
moving towards something, but below where it counts, we are actually  
moving away.

One time someone asked me why that very wealthy person is never  
satisfied. I told them, that you never know, he might have spent his whole  
life thinking that he is moving towards, not knowing that underneath, in the  
experience, he was moving away. And if you spend your whole life running  
away, is it really a surprise that satisfaction never arrives.